



SAISD Fresh Fruit and Vegetable Program Information 2024-2025

How are schools selected to participate in the Fresh Fruit and Vegetable Program (FFVP)?

- Schools are selected by the Texas Department of Agriculture.

What is the purpose of FFVP?

- The purpose of FFVP is to expand the variety of fruits and vegetables children experience. It is also designed to make a difference in children's diets to impact their present and future health.

How long will the program last?

- The program is grant funded and once funds are depleted the program will cease. Most funds will last the entire school year and the Child Nutrition Department will notify the campus once funds are depleted.

Who can participate?

- All students enrolled at your campus and teachers/adults who are directly responsible for the serving of the fruit and vegetable samples in the classroom to the students.

When does the program take place and how is it distributed?

- FFVP takes place every Tuesday, Wednesday, and Thursday typically from 1:00 pm-1:30. Head Start students receive their samples in the morning so as to not conflict with the PM Snack. You can collaborate with your Cafeteria Manager with regards to distribution. Some campuses have the students pick them up on the way out after lunch or they can be dropped off at the classroom.

Can it be served with meals?

- No, FFVP cannot be served with any other school meal programs and cannot be taken home due to food safety.

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Where can we find Nutrition Education materials and the monthly menus?

- Nutrition Education materials and monthly menus can be found on the Child Nutrition Department's website. Access the Fresh Fruit and Vegetable Program page using the menu on the left hand side. Menus are also posted monthly in the cafeteria.

What types of items are served?

- Fresh produce will either be whole (apples, pears, oranges, etc.) or portions that have been pre-packaged in containers (strawberries, cauliflower, etc.). Teachers or staff who are serving the samples will be provided gloves by the cafeteria staff along with any other necessary supplies such as napkins. The gloves must be worn when serving the samples for food safety purposes.

Who can I contact with questions?

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